



A Program of CWS Restore and Renew

Healing & Leading

Transformative Leadership for Refugee and Immigrant Faith Leaders and Their Communities

Healing and Leading, a program provided by Church World Service, is a year-long cohort experience that catalyzes leadership for refugee and immigrant faith leaders. Through this unique program, CWS and Freely in Hope are providing an experience of rest, renewal, and resilience for refugee and immigrant faith leaders.

The program equips faith leaders with skills in liberatory leadership, community organizing, harm reduction, trauma-informed care, and healing-centered engagement. This cohort is designed to promote collective healing, leadership sustainability, and trauma-informed survivor care for the flourishing of our global communities. Healing and Leading is one of four clergy cohorts offered by CWS Restore and Renew to provide restoration, build community, strengthen resilience and empower faith leaders, helping to transform the communities they serve.

PROGRAM OUTCOMES

- Experience rest, renewal, and resilience to prevent burnout and sustain leadership
- Feel empowered through trauma-informed, healing-centered, and spiritually grounded experiential learning, discussions, and practices
- Build leadership capacity, skills, and tools for community organizing and advocacy
- Foster connection, collaboration, and solidarity with cohort members, their congregations, and greater communities

EXPECTATIONS AND COMMITMENTS

- One-Year Commitment
- Attend three retreats of approximately four days in length led by CWS and Freely in Hope at restful, beautiful locations across the western United States
- Commit to regular check-ins with a spiritual director or coach to further leadership development
- Commit to utilizing skills developed in the program towards a local social justice campaign in coordination with CWS Refugee and Immigrants' Rights Community Organizing work

DONOR-FUNDED FELLOWSHIP AND CONTINUING EDUCATION

Thanks to generous support from the Dr. K. Patricia Cross Charitable Fund, all selected participants will receive full funding for program fees, travel and lodging. Eligible applicants may also apply for a stipend to enable their participation. Upon completion participants will receive a certificate for continuing education hours.

MEET OUR PROGRAM FACILITATORS

Nikole Lim is a speaker, educator, and author of *Liberation is Here*. She is the founder and international director of Freely in Hope, empowering survivors to lead in ending sexual violence. Through trauma-informed contemplative practices, Nikole equips organizational leaders and community activists with resources to foster healing, compassion, and sustainability. She challenges organizations to implement true collaboration by integrating community-driven and survivor-centered solutions for communal liberation. Nikole studied Film Production at Loyola Marymount University, Global Leadership at Fuller Theological Seminary, and Embodied Contemplative Psychotherapy at Nalanda Institute for Contemplative Science.

Jean Nangwala is a singer, speaker, and survivor advocate from Lusaka, Zambia. With a bachelor's degree in psychology from Cornerstone Institute in Cape Town, Jean is passionate about empowering women to come together and alleviate systems that perpetuate social injustice. She loves using music and dance to inspire others to find liberation through their art. As the Lead Storyteller at Freely in Hope, she develops programs that foster survivor support groups, trauma-informed care, and sustainable survivor leadership. Jean is a board member of the United Nations Association San Francisco Chapter.

2025-26 DATES

Healing and Leading Retreats

- **JUNE 26-29, 2025**
Danville, CA
- **FEBRUARY 24-27, 2026**
Rancho Palos Verdes, CA
- **NOVEMBER 2-5, 2025**
Scottsdale, AZ

Apply by May 5, 2025



Scan here to apply!



Nikole Lim



Jean Nangwala