



Restore Clergy

VIRTUAL GATHERINGS FOR RESTORE AND RENEW PARTICIPANTS

MISSION AND HISTORY

Restore Clergy exists to build resilience in clergy so that they may have faithful and sustainable ministries. The Restoration Cohort Program is a yearlong program that develops community, connection and healing for clergy.

As the founder of Restore Clergy, Rev. Kinsie M. Tate, LPCC, understands the unique challenges that clergy face. She served as clergy in a local church prior to becoming a therapist and is also a clergy spouse. Restore Clergy grew out of the struggle she witnessed clergy experiencing prior to and during the pandemic. It is an organization whose goal is to help clergy discover a renewed passion for ministry through retreat, reflection and revitalization.

WHAT TO EXPECT

Participants engage in a yearlong small-group experience with like-minded clergy that can enhance learning and build authentic connections. To build group cohesion and time for rest and renewal activities, the program begins with an in-person retreat on a Caribbean cruise. Throughout the year, cohort members will meet twice a month via Zoom for discussions and group coaching. Participants will have an opportunity in the fall to join fellow clergy for an in-person workshop and retreat presented by CWS.

MEET THE RESTORE CLERGY FOUNDER AND DIRECTOR


Rev. Kinsie M. Tate, LPC, LPCC, earned her Master of Divinity from Phillips Theological Seminary in 2007 and was ordained that year in the Christian Church (Disciples of Christ). She completed her Master of Education in applied behavioral studies from Oklahoma City University in 2010. She was licensed as a professional counselor in Oklahoma in 2012 and as a professional clinical counselor in California in 2021. Kinsie has been a therapist for over a decade, is a certified coach, and maintains a private therapy practice in Newport Beach, California.



Program cost is \$3,000, including the yearlong cohort program and cruise registration. (Participants are responsible for airfare and lodging in the cruise port city, excursions and gratuities, as well as airfare to retreat locations, when applicable.)

RESTORE CLERGY COHORT 2025 Dates

Opening Retreat on Cruise: January 20-25, 2025, out of Miami, Florida

 **Zoom Sessions scheduled on Wednesdays at 11 a.m. to Noon PST**

- 2.12.25** **Module 2:** What is my Belief?
- 2.26.25** **Integration and Discussion**
- 3.12.25** **Module 3:** Where Did This Belief Come From?
- 3.26.25** **Integration and Discussion**
- 4.23.25** **Module 4:** How Do I Protect Myself?
- 5.07.25** **Integration and Discussion**
- 5.21.25** **Module 5:** Who is my Internal Family?
- 6.04.25** **Integration and Discussion**
- 6.18.25** **Module 6:** Who are my Protectors?
- 7.09.25** **Integration and Discussion**
- 7.23.25** **Module 7:** How do my Protectors Impact my Nervous System?
- 8.13.25** **Integration and Discussion**
- 8.27.25** **Module 8:** How Do I Move Forward Embodying What I Have Learned?
- 9.10.25** **Integration**
- 9.24.25** **Integration**
- 10.08.25** **Integration**
- 10.22.25** **Integration**
- 11.05.25** **Integration**
CWS Fall Retreat TBA
- 11.19.25** **Integration**
- 12.10.25** **Integration**